

# Marlton Psychological Services

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## Intake Form

### Personal Information

Date: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_

Age: \_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_ Social Security #: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip code: \_\_\_\_\_

Ok to send mail: \_\_\_\_ If no, please provide alternate address: \_\_\_\_\_

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Home phone: \_\_\_\_\_ Ok to leave a message: \_\_\_\_

Cell phone: \_\_\_\_\_ Ok to leave a message: \_\_\_\_

Ok to text message: \_\_\_\_

Work phone: \_\_\_\_\_ Ok to leave a message: \_\_\_\_

Email Address: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

Referral Source (how you heard about counseling services):

\_\_\_\_\_

### Insurance Information

Insurance Provider: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Member Services Telephone Number: \_\_\_\_\_

Office Visit Co-Pay: \_\_\_\_\_ Specialist Co-Pay: \_\_\_\_\_

Name of Insured (If different from yourself): \_\_\_\_\_

Primary Insured's Date of Birth: \_\_\_\_\_

Employer of Primary Insured: \_\_\_\_\_

I agree to pay for any services not covered by the above listed insurance provider (Please Sign and Date): \_\_\_\_\_

**Health Information**

Please answer the following questions using: 5 = Excellent, 4 = Good, 3 = Average, 2 = Poor, 1 = Failing

How would you currently rate your mental health: \_\_\_\_\_

How would you currently rate your physical health: \_\_\_\_\_

**Mental Health Information**

Briefly describe why you are coming in for counseling and the goals you hope to achieve in therapy:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been in counseling/therapy before?: \_\_\_\_\_ If yes when and with whom?:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Was previous counseling helpful or effective?: \_\_\_\_\_ If not, please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently receiving mental health services?: \_\_\_\_\_ If yes, please list name of practitioner and type of services you are receiving: \_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized for mental health concerns?: \_\_\_\_\_ If yes, list date(s) and length of stay: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been diagnosed with a mental illness?: \_\_\_\_\_ If yes, please list and provide date first diagnosed:

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Has anyone in your family ever been diagnosed with a mental illness? If yes, please list relationship and illness:

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Have you ever engaged in self harm? Currently: \_\_\_\_\_ Past: \_\_\_\_\_  
Have you ever contemplated suicide? Currently: \_\_\_\_\_ Past: \_\_\_\_\_  
Have you ever contemplated harming another person? Currently: \_\_\_\_\_ Past: \_\_\_\_\_  
Have you ever attempted suicide?: \_\_\_\_\_ If yes please list date(s), method(s), and your age at time of attempt:

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Has any one in your family ever attempted suicide?: \_\_\_\_\_ If yes please list relationship:

Has any one in your family ever completed suicide?: \_\_\_\_\_ If yes please list relationship:

Has any one else in your life ever attempted \_\_\_\_\_ or completed suicide?: \_\_\_\_\_ If yes please list relationship: \_\_\_\_\_

Have you ever had trouble sleeping?: \_\_\_\_\_ If yes, please describe:

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Have you ever had problems with eating or with food?: \_\_\_\_\_ If yes, please describe:

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**Medical Information**

Do you now have, or have you had in the past, any of the following? Check all that apply:

	Now	Past		Now	Past		Now	Past
Asthma			Allergies			Headaches		
Brain Injury			Epilepsy			Seizures		
Digestive Disorders			Cancer			Diabetes		
Breathing Problems			Immune System Problems			Heart Disease		
High Blood Pressure			Vision Problems			Hearing Problems		
Arthritis			Urinary Disorders			Tuberculosis		
Thyroid Disorder			Multiple Sclerosis			Chronic Fatigue Syndrome		
Fibromyalgia			Pregnancy (how many)			Miscarriage (how many)		
Abortion (how many)			Sexually Transmitted Disease			Sleep Disorder		
Serious Accident			Surgery			Other		

Currently under the care of a Doctor or other medical health professional?: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Name of Specialist Physician: \_\_\_\_\_ Phone#: \_\_\_\_\_

Address: \_\_\_\_\_

Please list any prescription medications you are currently taking:

\_\_\_\_\_

\_\_\_\_\_

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Please list any over the counter medications, vitamins, or herbal supplements you are currently taking:

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Do you currently exercise?: \_\_\_\_\_ Please describe: \_\_\_\_\_

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How many times per week do you exercise?: \_\_\_\_\_

### Substance Abuse Information

Please indicate substances currently used (over the past 6 months), how much at one time, how many times per day/week, age of first use, past use history, and length of time used.

Substance	Currently?	Amount	Frequency	Age first used	Past Use	How Long?
Caffeine						
Alcohol						
Tobacco						
Marijuana						
Ecstasy						
Cocaine/Crack						
Heroin						
Heroin						
Methamphetamines						
PCP/LSD/Mushrooms						
Pain Killers						
Steroids						
Tranquilizers						
Sleeping Pills						
Diet Pills						
Other:						

Have you ever believed your substance use was a problem for you?: \_\_\_\_\_

Has anyone ever told you they believed your substance use was a problem?: \_\_\_\_\_

Have you ever had withdrawal symptoms when trying to stop using any substances?:

\_\_\_\_\_

Have you ever had problems with work, relationships, health, the law, etc. due to your substance use?: \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Have you ever participated in drug and alcohol treatment?: \_\_\_\_\_ If yes, please list type, length, dates, and age when you received these services:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever attended Alcoholics or Narcotics Anonymous?: \_\_\_\_\_ If yes, please list length of time sober and number of meetings you attend per week:

\_\_\_\_\_  
\_\_\_\_\_

**Spiritual Information**

What is your religion/ spiritual beliefs?: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

How important are your religious/ spiritual beliefs to you?: \_\_\_\_\_

\_\_\_\_\_

Do you currently belong to a faith community (church, synagogue, temple, religious order, etc.): \_\_\_\_\_ If yes, please describe your current level of connection and involvement: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you want to incorporate your faith/spirituality into the counseling process?: \_\_\_\_\_ If yes, please describe how you would like to do so, and if you are specifically seeking faith based counseling?: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Relationship Information**

Are you currently in a relationship?: \_\_\_\_\_ If yes, please describe: \_\_\_\_\_

Name of person: \_\_\_\_\_ Length of relationship: \_\_\_\_\_

Do you currently live together?: \_\_\_\_\_

Number of marriages: \_\_\_\_\_ Number of divorces: \_\_\_\_\_

If widowed, your age at death of spouse: \_\_\_\_\_

If you are currently experiencing relationship difficulties you would like to address in counseling, please briefly describe: \_\_\_\_\_

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Do you have children?: \_\_\_\_\_ If yes, please list below:

Name	Age	Lives with you?	Name	Age	Lives with you?

Other persons living in your household and your relationship to them:

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### Family Information

Were you adopted?: \_\_\_\_\_ If yes, your age at time of adoption: \_\_\_\_\_

With whom did you live until the age of 18: \_\_\_\_\_

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Did your parents ever divorce?: \_\_\_\_\_ If yes, your age at time of divorce: \_\_\_\_\_

If divorced, did your parents ever re-marry?: \_\_\_\_\_ If yes, list parent(s) and your age(s) at time of remarriage:

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Were you ever in foster care or residential care?: \_\_\_\_\_ If yes, please list age and living situation:

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Please provide your mother's name, age, occupation, and overall health: \_\_\_\_\_

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Please provide your father's name, age, occupation, and overall health: \_\_\_\_\_

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Do you have siblings?: \_\_\_\_\_ If yes, please list names, ages, and relationship:

Name	Age	Quality of your relationship with sibling

Have you ever experienced the death of a family member or a close friend?: \_\_\_\_ If yes please describe and list your age at time of their death: \_\_\_\_\_

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Please indicate if you or a member of your immediate family experienced any of the following. If a family member, please indicate relationship(s):

	Self	Other	Relationship		Self	Other	Relationship
Emotional Abuse				Legal Problems			
Physical Abuse				Frequent/Multiple Moves			
Sexual Abuse				Homelessness			
Domestic Violence				Financial Problems			
Neglect				Lived overseas			
Substance Abuse				Military member			
Serious Illness				Discrimination			
Accident or Injury				Other			

### Educational Information

Number of years of education completed: \_\_\_\_\_

Degree(s) achieved (please mark all that apply):

High School Diploma		GED		Vocational/Trade School Certificate		Associates Degree	
Bachelors Degree		Masters Degree		Doctorate		Other	

### Vocational Information

Are you currently employed: \_\_\_\_\_ If yes, please list position title, name of employer, type of work, and length of employment: \_\_\_\_\_

\_\_\_\_\_

If not currently working, how long un-employed?: \_\_\_\_\_

What types of jobs have you typically held?: \_\_\_\_\_

What is the longest period of time you have ever worked at one job?: \_\_\_\_\_

Are you currently considering a change in job or career?: \_\_\_\_\_ If yes, what type of work are you interested in doing?: \_\_\_\_\_

\_\_\_\_\_

Have you ever served in the military?: \_\_\_\_\_ If yes, please list branch, rank, and current status(active/discharged): \_\_\_\_\_

\_\_\_\_\_

If deployed please list dates and locations: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list your personal hobbies and interests:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Legal Information**

Have you ever been the victim of a crime?: \_\_\_\_\_ If yes, please list date and briefly describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are you currently involved in divorce or child custody proceedings?: \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever been convicted of a misdemeanor or felony?: \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_